

DIET AND HEALTH

ASD, The Complete Autism Spectrum Disorder Health and Diet Guide: Includes 175 Gluten Free and Casein Free Recipes (2014) Smith, R. Garth (618.9298 ASD)

The Autism & ADHD Diet : A Step-By-Step Guide to Hope and Healing by Living Gluten Free and Casein Free (GFCF) and Other Interventions (2009) Silberberg, Barrie (618.9285 SILBERBERG)

Autism Cookbook : 101 Gluten-Free and Allergen-Free Recipes (2012) Delaine, Susan (641.5638 DELAINE)

Gluten-Free Kids : Raising Happy, Healthy Children with Celiac Disease, Autism, and Other Conditions (2010) Korn, Danna. (Parents Shelf J 618.9 Korn)

Special-Needs Kids Eat Right : Strategies to Help Kids on the Autism Spectrum Focus, Learn, and Thrive (2009) Converse, Judy (618.92 CONVERSE) Strategies and tips for staying on track at restaurants, holiday gatherings, school parties and lunches, and more.

MEMOIRS AND BIOGRAPHIES

Autism and Me : Sibling Stories (2009) Shapiro, Ouisie (J 618.92 SHAPIRO)

Autism, The Invisible Cord : A Sibling's Diary (2013) Cain, Barbara (YOUNG ADULT 618.92 CAIN)

Bad Animals : A Father's Accidental Education in Autism (2012) Yanofsky, Joel (616.8588 YANOFSKY) Funny, wrenching, and candid, this is both an exploration of a baffling condition and a quirky love story.

Boy Alone : A Brother's Memoir (2009) Greenfeld, Karl Taro (618.9289 GREENFELD) A brother of an autistic child interweaves the social history of autism with his personal experiences.

Carly's Voice: Breaking Through Autism (2012) Fleischmann, Arthur (618.9285 FLEISCHMANN)

Chicken Soup for the Soul Raising Kids on the Spectrum: 101 Inspirational Stories for Parents of Children with Autism and Asperger's (2013) Landa, Rebecca (618.9289 LANDA)

A Child's Journey Out of Autism : One Family's Story of Living in Hope and Finding a Cure (2009) Whiffen, Leeann (618.9285 WHIFFEN) Whiffen gives voice to the fear of losing a child and the fight to reclaim him.

Far from the Tree : Parents, Children and the Search for Identity (2012) Solomon, Andrew (362.4 SOLOMON) Solomon tells the stories of parents who not only learn to deal with their exceptional children but also find profound meaning in doing so.

Finding Lina : A Mother's Journey From Autism to Hope (2013) Hjalmarsson, Helena (618.9285 HJALMARSSON) A woman's quest to help her daughter engage with the world around her.

Following Ezra : What One Father Learned About Gumbo, Otters, Autism, and Love from His Extraordinary Son (2011) Fields-Meyer, Thomas (616.8588 FIELDS)

The Golden Hat : Talking Back to Autism (2012) Winslet, Kate (618.9285 WINSLET) People with autism have the potential to achieve great things, but only when given the appropriate support and education. This is why the Golden Hat Foundation was formed.

I Am In Here : The Journey of a Child with Autism Who Cannot Speak but Finds Her Voice (2011) Bonker, Elizabeth (616.8588 BONKER) A spiritual journey of a mother and daughter who refuse to give up hope, and keep trying to move forward despite the obstacles.

I Am Intelligent : From Heartbreak to Healing-- A Mother and Daughter's Journey Through Autism (2012) Goddard, Peyton (618.9285 GODDARD) A story of a mother obsessed with curing her child of autism and a daughter who retains full awareness of her situation.

I Wish I Were Engulfed in Flames : My Insane Life Raising Two Boys with Autism (2012) Decker, Jeni (92 BIOGRAPHY DECKER) A brash, personal, and sometimes shocking memoir of one woman's determination to raise two healthy kids with autism.

The Journal of Best Practices : A Memoir of Marriage, Asperger Syndrome, and One Man's Quest to be a Better Husband (2012) Finch, David (616.8588 FINCH) Five years after he married, Finch learns that he has Asperger syndrome. Determined to change, he sets out to understand Asperger syndrome and learn to be a better husband.

Life Animated: A Story of Sidekicks, Heroes & Autism (2014) Suskind, Ron (92 BIOGRAPHY SUSKIND) Owen Suskind, son of the Pulitzer Prize-winning journalist, was unable to speak for years until he memorized dozens of Disney movies and turned it into a form of communication.

My Friend has Autism (2010) Tourville, Amanda Doering (J 362.4 TOURVILLE) A child discusses a relationship with an autistic friend.

Not My Boy! : A Father, a Son, and One Family's Journey with Autism (2010) Peete, Rodney (92 BIOGRAPHY PEETE) Using anecdotes and lessons from his own experiences, former football star Rodney Peete imparts essential wisdom for parents.

Now I See the Moon : A Mother, a Son, a Miracle (2010) Hall, Elaine (92 BIOGRAPHY HALL) Hall discusses her experience raising a severely autistic two-year old she adopted from Russia and her subsequent creation and helming of "The Miracle Project," a musical performed by children on the autism spectrum.

The Reason I Jump : The Inner Voice of a Thirteen-Year-Old Boy With Autism (2013) Higashida, Naoki (92 BIOGRAPHY HIGASHIDA) A one-of-a-kind memoir that demonstrates how an autistic mind thinks, feels, perceives, and responds.

Russell's World : A Story for Kids about Autism (2011) Amenta, Charles (J PARENT SHELF 618.9 AMENTA)

Siblings : The Autism Spectrum Through Our Eyes (2010) Johnson, Jane (618.9285 JOHNSON)

SELF-HELP AND TREATMENT STRATEGIES

Autism Breakthrough: Strategies from a Man Who Used to be Autistic (2014) Kaufman, Raun Kahlil (616.8598 Kaufman)

The Autism Mom's Survival Guide (for dads, too!): Creating a Balanced and Happy Life While Raising a Child with Autism (2010) Senator, Susan (649.154 SENATOR)

The Autism Playbook for Teens : Imagination-Based Mindfulness Activities to Calm Yourself, Build Independence & Connect with Others (2014) McHenry, Irene (YA 616.85 Moog)

The Autism Revolution: Whole-Body Strategies for Making Life All It Can Be (2012) Herbert, Martha (616.8588 HERBERT) After years of treating patients and analyzing data, a prominent Harvard researcher offers a revolutionary new view of autism.

Autism Solutions : How to Create a Healthy and Meaningful Life for Your Child (2011) Robinson, Ricki (618.92 ROBINSON)

Autism Spectrum Disorders : What Every Parent Needs to Know (2013) Rosenblatt, Alan (616.9285 AUTISM)

Autism Resources



Disconnected Kids : The Groundbreaking Brain Balance Program for Children with Autism, ADHD, Dyslexia, and Other Neurological Disorders (2010) Melillo, Robert (J 618.9 MELILLO) Provides methods of assessment and rehabilitation programs for parents and care givers.

An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn (2012) Rogers, Sally (618.92 ROGERS)

Everyday Activities to Help Your Young Child with Autism Live Life to the Full : Simple Exercises to Boost Functional Skills, Sensory Processing, Coordination and Self-Care (2012) Jacobs, Debra (618.92 JACOBS)

The First Year : Autism Spectrum Disorders : An Essential Guide for the Newly Diagnosed Child (2009) Wiseman, Nancy (618.9285 WISEMAN)

Growing Up on the Spectrum : A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's (2009) Koegel, Lynn Kern (616.8588 KOEGEL) A renowned autism expert collaborates with a parent of an autistic teenager, addressing issues from a changing body to how to succeed in college.

Gut and Psychology Syndrome : Natural Treatment for Autism, Dyspraxia, A.D.D., Dyslexia, A.D.H.D., Depression, Schizophrenia (2010) Campbell-McBride, Natasha (613.2 CAMPBELL)

Healing and Preventing Autism : A Complete Guide (2009) McCarthy, Jenny (618.9285 MCCARTHY) McCarthy teams up with a preeminent autism doctor to write the first book on a new treatment in healing conditions associated with autism.

Healing Our Autistic Children : A Medical Plan for Restoring Your Child's Health (2010) Buckley, Julie (618.9285 BUCKLEY) Part personal story and part guide for parents, this book explains the new treatments and diets that have already proven effective for many families.

Managing Anxiety in People with Autism : A Treatment Guide for Parents, Teachers, and Mental Health Professionals (2011) Chalfant, Anne (616.8588 CHALFANT)

My Child Has Autism : A Handbook for Parents and Professionals (2012) Robek, Adrienne (618.9285 ROBEK)

101 Games and Activities for Children with Autism, Asperger's, and Sensory Processing Disorders (2009) Delaney, Tara (J PARENT SHELF 618.9 DELANEY)

1001 Great Ideas for Teaching and Raising Children with Autism or Asperger's (2010) Notbohm, Ellen (J PARENT SHELF 618.9 NOTBOHM) Contains suggestions for meeting the challenges faced by children with autism spectrum disorders: sensory integration, communication, language, daily living, social issues, behavior, and education.

The Parent's Guide to In-Home ABA Programs: Frequently Asked Questions About Applied Behavior Analysis for Your Child with Autism (2013) Johnson, Elle (618.9289 JOHNSON)

Point to Happy (2011) Smith, Miriam (J PARENT SHELF 618.9 SMITH) An illustrated book with exercises for increasing social and communication skills for children with autism.

Ten Things Every Child With Autism Wishes You Knew (2012) Notbohm, Ellen (J PARENT SHELF 618.9 NOTBOHM)

The Survival Guide for Kids with Autism Spectrum Disorders (and their parents) (2012) Verdick, Elizabeth (J 618.92 VERDICK) A comprehensive resource for kids with autism spectrum disorders, helping them understand their condition and finding tools to cope with challenges.

SCIENCE

The Autism Enigma (2012) DVD (DVD 616.85 AUTISM) A documentary detailing the progress of an international group of scientists as they search for clues to the baffling disorder.

Autism's False Prophets : Bad Science, Risky Medicine, and the Search for a Cure (2009) Offit, Paul (618.92 OFFIT) A national expert on vaccines challenges those who have misled the public and exposes the opportunism of those who support them. He recounts the history of autism research and the exploitation of this tragic condition.

The Autistic Brain: Thinking Across the Spectrum (2013) Grandin, Temple (616.8588 GRANDIN) A cutting-edge account of the latest science of autism from advocate Temple Grandin.

The Natural Medicine Guide to Autism (2012) Marohn, Stephanie (618.9289 MAROHN)

The Panic Virus : A True Story of Medicine, Science, and Fear (2011) Mnookin, Seth (614.47 MNOOKIN) An exposé on the recent hysteria over childhood vaccinations and their alleged link to autism and a cautionary tale of bad science amplified by media sensationalism.

Berlin-Peck Memorial Library